

## Buffet Platters

Platters for lunch meetings, receptions, parties...  
We deliver to your office.  
Tel: 0207 407 6002

### Standard Platter £22

Salami, Tomato, Cucumber & Lettuce.  
Chicken Breast, Tomato, Cucumber & Lettuce.  
Poached Salmon, Rocket, Avocado & Tomato.  
Tuna & Sweet Corn.  
Egg Mayonnaise & Cucumber.  
Brie & Tomato.  
Turkey, Tomato, Cucumber & Lettuce.  
Ham, Tomato & Mustard.  
Cheddar Cheese & Pickle.

### Special Platter £25

Prawn, Cucumber, Lettuce & Cocktail Sauce.  
Smoked Salmon, Lemon Juice & Black Pepper.  
Tuna, Egg, Tomato, Cucumber & Lettuce.  
Turkey & Cranberry.  
Ham, Cheese & Pickle.  
Chicken, Bacon & Avocado.  
Prawn & Avocado.  
Coronation Chicken.  
Roast Beef & Salad.

### Canela's Platter £28

Poached Salmon, Rocket, Avocado & Tomato.  
Bacon & Avocado.  
Smoked Salmon, Lemon Juice & Black Pepper.  
Sundried Tomato, Mozzarella & Basil.  
Prawn, Cucumber, Lettuce & Cocktail Sauce.  
Chicken, Bacon & Sweet Corn.  
Chicken, Brie, Bacon & Cranberry Sauce.  
Chicken Breast, Tomato, Cucumber & Lettuce.  
Brie, Tomato & Cucumber.

### Vegetarian Platter £18

Cottage Cheese & Cucumber.  
Cheddar Cheese, Tomato, Cucumber & Lettuce.  
Egg Mayonnaise & Rocket.  
Houmous & Roasted vegetable.  
Mozzarella, Sundried Tomato & Pesto.  
Grilled Vegetables & Rocket.  
Brie & Tomato.  
Feta Cheese & Tomato.  
Mozzarella, Avocado & Tomato.

### Delicioso Platter £28

Prawn & Avocado.  
Chicken, Brie, Bacon & Cranberry Sauce.  
Tuna & Sweet Corn.  
Turkey, Salad & Cranberry Sauce.  
Smoked Salmon & Cream Cheese.  
Prawn, Salad & Cocktail Sauce.  
Chicken Breast & Salad.  
Emmental & Sundried Tomato.  
Brie & Crispy Bacon.

### Executive Platter\* £30

Smoked Salmon & Cream Cheese.  
Poached Salmon, Rocket, Avocado & Tomato.  
Prawn Avocado & Cocktail Sauce.  
Mozzarella, Avocado & Tomato.  
Brie & Crispy Bacon.  
Chicken, Bacon & Avocado.  
Parma Ham & Mozzarella.  
Coronation Chicken.

Small Fruit Platter. £15  
Medium Fruit Platter. £20

\*All fillings on this platter served in ciabatta or baguettes.

### Lunch

Hot Jacket Potatoes.  
Granary Baps filled with Breaded Chicken Escalopes or  
Chargrilled Chicken Fillet.  
  
Toasted Ciabatta Melts.  
Freshly Prepared Salad Boxes.  
Freshly Baked Baguettes.

Free delivery on any orders over 10.  
Accounts welcome.  
Please enquire at counter.

Halal platter also available.  
All platters serve 6-8 people.  
We also provide fresh fruit platters, cake platters and beverages

## Canela

93 Snowsfields

London SE1 3SS

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# Canela

Espresso Bar

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Tel: 0207 4076002

Opening Times: 6.00am – 4.00pm



## Breakfast

### Set Breakfast\*\*

Egg, Bacon, Sausage, Beans, Tomatoes or Mushrooms, 2 Toasts, Tea or Coffee.	£4.30
2 Eggs (poached or fried) on Toast.	£2.80
Beans on Toast.	£2.80
Scrambled Eggs on Toast (with Smoked Salmon or Ham).	£3.80
Any Extra.	70p
Danish Pastry.	£1.20
Plain Croissant.	£1.00
Chocolate Croissant.	£1.20
Croissant with Cheese & Crispy Bacon or Ham.	£2.20
2 Toasts with Butter.	80p
Jam – Marmalade – Marmite.	20p
Peanut Butter – Honey.	40p
Porridge (served with honey & dried fruit).	£1.80
Hot Bacon Roll.	£1.50
Hot Sausage Roll.	£1.50
Fried Egg Roll.	£1.40
Hot Bacon Sandwich.	£2.20
Hot Sausage Sandwich.	£2.20
Fried Egg Sandwich.	£2.00

## Hot Jacket Potatoes

<b>All served with Salad.</b>	<b>In</b>	<b>Out</b>
Beans.	£3.50	£3.00
Cottage Cheese.	£3.50	£3.00
Cheddar.	£3.50	£3.00
Cheese & Crispy Bacon.	£4.50	£4.00
Sausage & Beans.	£4.50	£4.00
Coronation Chicken.	£4.10	£3.60
Tuna & Sweet Corn.	£4.10	£3.60
Tuna Mix.	£4.10	£3.60
Tuna Mayonnaise.	£3.70	£3.20
Prawn Cocktail.	£4.50	£4.00
Special Mix of the Day.	£4.50	£4.00
Spicy Mushroom.	£4.00	£3.50

### Extras

Cheese or Beans.	60p
Coleslaw or Sweet Corn.	40p
Roasted Vegetables.	£1.00

## Salad Boxes

Standard: Lettuce, Mixed Leaves, Tomatoes, Cucumber, Peppers, Onions, Coleslaw, Potato Salad, Carrots, Celery, Sweet Corn.

	In	Out
Plain.	£4.50	£4.00
Cottage Cheese.	£4.80	£4.30
Cheddar Cheese.	£4.80	£4.30
Smoked Salmon.	£5.20	£4.70
Prawn Cocktail.	£5.20	£4.70
Tuna.	£5.00	£4.50
Roast Chicken.	£5.00	£4.50
Beef.	£5.00	£4.50
Ham.	£5.00	£4.50
Parma Ham.	£5.30	£4.80
Breaded Chicken Escalope.	£5.30	£4.80
Chargrilled Chicken Fillet.	£5.30	£4.80
Tricolore	£4.70	£4.20
(Lettuce, Baby Leaves, Avocado, Mozzarella & Tomatoes).		

**Extras:** Roasted Vegetables, Avocado, Sundried Tomatoes 60p each.

**\* Special salad of the Day £4.80 £430.**

**Dressings:** Caesar, French, Balsamic Vinegar, Extra Virgin Olive Oil, Salad Cream.



## Hot Food

	In	Out
Special of the Day.	£4.80	£4.50
Veg. Pasta.	£4.00	£3.50
Any extra Meat on the Pasta.	£1.00	
Slice of Tortilla.	£2.10	£1.80
Soup of the Day.	£2.40	£1.90



## Baguettes/Wraps

<b>All served with Salad.</b>	<b>In</b>	<b>Out</b>
Prawn & Avocado.	£4.10	£3.80
Prawn Cocktail.	£3.60	£3.30
Poached Salmon.	£3.80	£3.50
Smoked Salmon.	£3.30	£3.00
Tuna Mix.	£3.60	£3.30
Tuna Mayonnaise.	£2.90	£2.60
Parma Ham.	£3.50	£3.20
Crispy Bacon & Avocado.	£3.60	£3.30
Coronation Chicken.	£3.30	£3.00
Beef & Horseradish Sauce.	£3.10	£2.80
Salami.	£3.10	£2.80
Spanish Chorizo.	£3.10	£2.80
Ham.	£3.10	£2.80
Chicken.	£3.10	£2.80
Crispy Bacon	£3.10	£2.80
Tuna & Sweet Corn.	£3.20	£2.90
Egg Mayonnaise.	£2.70	£2.40
Cheddar .	£2.70	£2.40
Mozzarella.	£3.30	£3.00
Emmental.	£2.90	£2.60
Brie.	£2.90	£2.60
Cottage Cheese.	£2.80	£2.50
Cream Cheese.	£2.80	£2.50

### Extras

Meat.	70p
Cheese.	60p
Sundried Tomatoes.	60p
Roast Veg.	60p
Avocado.	60p
Olives.	30p
Carrot.	30p
Coleslaw.	30p
Branston Pickle.	20p

**Sandwich 40p less than the baguette.**



## Toasted Sandwiches

	In	Out
Toasted Cheese.	£2.30	£2.00
Toasted Ham & Cheese.	£3.20	£2.90
Toasted Brie & Cranberry Sauce.	£2.65	£2.35
Toasted Brie & Crispy Bacon.	£3.45	£3.15
Toasted Club Sandwich (Triple Decker with Cheese, Salad, Crispy Bacon & Turkey).	£4.00	£3.70

## Toasted Ciabatta

	In	Out
Mozzarella, Tomato, Basil, Ham & Salsa.	£3.80	£3.50
Mozzarella, Roasted Vegetables & Basil.	£3.80	£3.50
Mozzarella, Chorizo & Tomato.	£3.80	£3.50
Goat Cheese & Roasted Vegetables.	£3.80	£3.50
Tuna Melt, Onions & Horseradish Sauce.	£3.80	£3.50
Beef Melt, Onions & Horseradish Sauce.	£3.80	£3.50

## Hot Chicken Baps

	In	Out
Swiss Cheese, Salad & Caesar Sauce.	£4.30	£4.00
Swiss Cheese & Roasted Vegetables.	£4.80	£4.50
Melted Cheese & Crispy Bacon.	£4.80	£4.50

## Breaded Chicken Escalope With

	In	Out
Melted Brie & Rocket.	£4.30	£4.00
Valdostana (Swiss Cheese, Ham & Salsa).	£4.80	£4.50

## Beverages

	TA	In	Grande TA	In
Tea.	80p	£1.00	£1.00	£1.20
Herbal Teas.	95p	£1.10	£1.10	£1.30
Coffee.	£1.30	£1.50	£1.80	£2.10
Cappuccino.	£1.30	£1.50	£1.80	£2.10
Latte.	£1.30	£1.50	£1.80	£2.10
Americano.	£1.30	£1.50	£1.80	£2.10
Espresso.	£1.20	£1.40		
Double Espresso.	£1.50	£1.80		
Mocha.	£1.50	£1.80	£1.90	£2.20
Hot Chocolate.	£1.50	£1.80	£1.90	£2.20
Freshly Squeezed Orange Juice.	£1.50	£1.80		

### Homemade Hot Meals Available Every Day:

Risotto, Lentils with Chorizo, Lasagne, Hot Pasta, Chilli con Carne, Chicken Curry, Thai Chicken with Rice.

Also available: Plain Spanish Tortilla, Rice & Spinach Tortilla, Chorizo Tortilla.

## Drinks

	In	Out
Plain Yogurt.	60p	
Drinking Yogurt.	£1.80	£1.50
Squeezed Juices.	£1.80	£1.50
Red Bull.	£1.90	£1.60
Multifruits.	£1.80	£1.50
Juice Bursts.	£2.10	£1.80
Ribena.	£1.30	£1.00
Coca Cola.	£1.00	70p
Guarana.	£1.20	90p
San pelegrino Limonata and Aranciata.	£1.10	80p
Ginger Beer.	£1.10	80p
Locozade.	£1.70	£1.40
Ice Tea.	£1.70	£1.40
San Pelegrino Mineral Water.	£1.30	£1.00
San Giorgio Still Water.	£1.10	70p
Large Still Water (1.5 Lt).	£1.50	
Large Orange Juice (1.5 Lt).	£2.20	
Flavoured Coffees.	30p	
Extra Shot of Coffee.	50p	



## Canela's Tuck Shop

Kettle Chips.	95p
Sugar Free Gums.	50p
Kinder Bueno.	80p
Kitkat.	70p
Green Blacks.	99p
Crispy Wafers.	95p
Oreo.	85p
Flap Jacks.	99p
Apple Pie.	£2.00
Lemon Cheese Cake.	£2.20
Lemon Cake.	£1.00
Chocolate Square.	£1.00
Carrot Cake.	£1.80
Chocolate Cake.	£1.80
Individual Fresh Fruit.	35p

### Extras

Extra Focaccia.	20p
Brown Baguette.	20p
Rocket.	20p
Toasted.	20p
Small Roll.	50p
Baguette.	£1.00
Slice of Tortilla.	£1.80
Toasted Bagel.	£1.20
Individual Fresh Fruit.	35p

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